

3sHealth – Employee Benefits 600-1919 Saskatchewan Drive Regina, SK S4P 4H2 T. 306-347-5519 F. 306-347-5910

Toll Free: 1-866-278-2301 Email: ebp@3sHealth.ca

NPO Employee Changing Information Employee Benefits

PLAN MEMBER INFORMATION									
First Name:	Last Name:			Benefit ID:					
Change Your Personal Information: Please provide your new information below:									
First Name:	Last Name:		Date of Birth: mm/dd/yyyy						
Email:				Telep Num	ohone ber:				
Mailing Address:		City:	Province:			Postal Code:			
SPOUSAL INFORMATION									
Co-ordination of benefits information must be reported to the insurance provider. Please see the commentary booklets for contact information. Add or Change Spousal Information:									
Spouse's First Name:	Spouse's Last Name:		Date of Birth: mm/dd/yyyy						
Common-law*:	Relationship Effective Date**: mm/dd/yyyy								
* A Common-law Spouse is a person with whom you have been cohabitating in a spousal relationship for at least one full year. ** The Relationship Effective Date is the date you were legally married or the date you first began cohabiting as Common-law. Remove a Spouse:									
Spouse's Name:			Remove this Spouse Effective: (mm/dd/yyyy)						
DEDENIE INFORMATION									
DEPENDENT INFORMATION									
Add, Remove or Change Dependent Information:									
						Dependent with			

Add	Remove	First Name	Last Name	Date of Birth mm/dd/yyyy	Dependent with a Disability (age 21 and over)	Over Age Student (age 21 - 25)

GROUP LIFE INSURANCE – ADDITIONAL COVERAGE

Basic Life Insurance, Basic Accidental Death and Dismemberment (AD&D) and Dependent Life Insurance

Basic Life Insurance is payable to your named beneficiary in the event of your death. The amount payable is two (2) times your annual salary, rounded up to the next \$1,000 to a maximum of \$1,000,000. If you are age 65 or older, the amount payable is one (1) times your annual salary, rounded up to the next \$1,000 to a maximum of \$250,000.

Basic AD&D Insurance is payable to you in the event of a loss, or loss of use of: life, limb, sight, hearing or speech due to an accidental injury or in the event of your accidental death to your named beneficiary. The amount payable is a percentage of your basic life insurance and in event of your accidental death, your Basic AD&D Insurance amount is payable in addition to your Basic Life Insurance amount.

Dependent Life Insurance is payable to you in the event of the death of your eligible spouse and/or dependent(s). Dependent Life Insurance is a flat amount of \$10,000 for a spouse and \$5,000 per child. If you are eligible for Basic Life Insurance, Dependent Life Insurance is automatically included in your coverage. The monthly premium for Dependent Life Insurance is included in your Basic Life Insurance monthly premium amount.

You must name a beneficiary to ensure life insurance benefits are paid to the correct person(s). You may designate or change your beneficiary at any time by completing this form.

Employee Optional Life Insurance - Maximum 50 units; 1 unit = \$10,000 Employee Optional Life Insurance is payable to your named beneficiary in the event of your death. You may elect up to \$150,000 of Employee Optional Life Insurance within the first 90 days of becoming eligible in the plan. Employee Optional Life Insurance coverage in excess of \$150,000 or applied for after your first 90 days will require you to complete medical evidence of insurability and is subject to the approval of the insurer. Important Note: This election form must be received by the 90th day after Plan eligibility. No exceptions will be made. Full evidence of medical insurability is required for late applications. ☐ I hereby apply for Employee Optional Life Insurance in the amount of ___ total units. ☐ I hereby apply to increase my Employee Optional Life Insurance by ____ total units for a total of ____ units. ☐ I do not wish to elect Employee Optional Life Insurance. ☐ I wish to reduce my Employee Optional Life Insurance to ___ total units. ☐ I wish to cancel all of my Employee Optional Life Insurance. Within the past 12 months have you smoked or used cigarettes, hashish, cigars, pipe, cigarillos, chewing tobacco, nicotine patch and or/gum, betel nuts, or tobacco or nicotine in any other form? Yes ■ No Spousal Optional Life Insurance - Maximum 15 units; 1 unit = \$10,000 Spousal Optional Life Insurance is payable to you the employee in the event of your spouses death. You may elect up to \$50,000 of Spousal Optional Life Insurance within the first 90 days of becoming eligible in the plan. Spousal Optional Life Insurance coverage in excess of \$50,000 or applied for after your first 90 days will require you to complete medical evidence of insurability and is subject to the approval of the insurer. Important Note: This election form must be received by the 90th day after Plan eligibility. No exceptions will be made. Full evidence of medical insurability is required for late applications. Spouse's First Spouse's Last Date of Birth: Name: mm/dd/yyyy Name: ☐ I hereby apply for Spousal Optional Life Insurance in the amount of _____ total units. ☐ I hereby apply to increase my Spousal Optional Life Insurance by _____ total units for a total of ___ units ☐ I do not wish to elect Spousal Optional Life Insurance. ☐ I wish to reduce my Spousal Optional Life Insurance to _____ total units. ☐ I wish to cancel all of my Spousal Optional Life Insurance. Within the past 12 months has your spouse smoked or used cigarettes, hashish, cigars, pipe, cigarillos, chewing tobacco, nicotine patch and or/gum, betel nuts, or tobacco or nicotine in any other form? Yes No Voluntary Accidental Death and Dismemberment (AD&D) - Maximum 25 units; 1 unit =\$10,000 Voluntary AD&D Insurance is payable to you in the event of a loss, or loss of use of; life, limb, sight, hearing or speech due to an accidental injury or in the event of your accidental death to your named beneficiary. You may elect to purchase Voluntary AD&D Insurance at any time after becoming eligible in the Plan without evidence of insurability. ☐ I hereby apply for Voluntary AD&D Insurance in the amount of _____ total units. ☐ I hereby apply to increase my Voluntary AD&D Insurance by ______ total units for a total of _____ ☐ I do not wish to elect Voluntary AD&D Insurance. ☐ I wish to reduce my Voluntary AD&D Insurance to _____

The monthly premium rates for additional coverage are available on the 3sHealth website 3sHealth.ca or from your Employer. All premium amounts are payable by the Employee through payroll deductions. Additional coverage automatically terminates on the earliest of the date your employment ends or your 65th birthday.

total units.

☐ I wish to cancel all of my Voluntary AD&D Insurance. **Coverage Type** - I elect Voluntary AD&D Insurance for:

Myself and my eligible spouse and/or dependents.

Myself only.

GROUP LIFE INSURANCE BENEFICIARY DESIGNATION

This beneficiary designation will replace all other beneficiary designations that you have made before, even if your beneficiary designation was made with another employer. Please ensure you are making a full and complete beneficiary designation that clearly states how you wish the policy proceeds to be disbursed in the event of your death.

Relationship to You

1) Primary Beneficiary(ies):

First Name

Name the person(s) to receive the insurance benefit if you pass away while insured.

Last Name

											total of 100%
			Spouse		Child		Parent		Sibling		
			Friend		Estate		Other:				
			Spouse		Child		Parent		Sibling		
			Friend		Estate		Other:				
			Spouse		Child		Parent		Sibling		
			Friend		Estate		Other:				
			Spouse		Child		Parent		Sibling		
			Friend		Estate		Other:				
2) Contingent Beneficiary(i If all of the persons above pas	es): is away before you, name a pers	son(s)) to receive	the i	nsurance	benef	it if you pa	ass aw	<i>ı</i> ay while in	sured.	
First Name	Last Name	Relationship to You						Date of Birth mm/dd/yyyy	Per cent allocated to a combined total of 100%		
			Spouse		Child		Parent		Sibling		
			Friend		Estate		Other:				
			Spouse		Child		Parent		Sibling		
			Friend		Estate		Other:				
			Spouse		Child		Parent		Sibling		
			Friend		Estate		Other:				
			Spouse		Child		Parent		Sibling		
			Friend		Estate		Other:				
3) Trustee: If any person(s) above are und	der 18; name a trustee who will	recei	ve and be	respo	nsible for	the in	surance b	enefit	on the chil	d's behalf.	
First Name	Last Name	Relationship to You					o You		Date of Birth mm/dd/yyyy		
			Spouse		Child		Parent		Sibling		
			Friend		Estate		Other:				
Please sign and date below.											
3sHealth.ca, and confirm the	ave read and understand the co options I have chosen above. I u Plan and Extended Health Care	nders	stand these	ben	efits are s	ubject	to the ter	ms of	the Group	Life Insurance Plan, I	
of sharing my information with Privacy Policy (available online	the collection, use, and disclosung tuture or replacement service at 3sHealth.ca). I further consestration or payment of my bene	provi ent to	ders relatir	ng to	the admin	iistrati	on of my l	oenefi	ts, and as o	therwise provided in	the 3sHealth
when I die. I understand that t	ne information provided is comp he beneficiaries named on this on written notice to 3sHealth.										
Your Signature:					Date: mr	n/dd/y	ууу				

Per cent allocated

to a combined

Date of Birth

Designating a Beneficiary - Frequently Asked Questions

One of the most important rights that an insured person has in a life insurance policy is the right to designate the beneficiary.

What is a beneficiary?

A beneficiary is the party or parties who will receive the policy proceeds from your 3sHealth Group Life Insurance coverage upon your passing. There are two kinds of beneficiaries:

- 1. Primary Beneficiary is the person(s) who will receive the policy proceeds when you pass away.
- 2. Contingent Beneficiary is the person(s) who will receive the proceeds if your Primary beneficiary passes away before you do.

Who may I name as my Primary or Contingent beneficiary?

You may name any person as your beneficiary such as your spouse, parent, etc. You may designate more than one beneficiary. You may also name a legal entity as your beneficiary such as your estate or a charitable organization. If you choose to name a charitable organization as a beneficiary, the full legal name and address of the charitable organization is required.

May I name my child(ren) as my beneficiary?

Yes, you may name your child(ren) as your beneficiary. If you name a minor child or children under the age of 18 as a Primary or Contingent beneficiary, you must appoint a Trustee. Upon your death, the Trustee will receive the policy proceeds and has a legal duty to use those proceeds for the benefits of the beneficiary. You will want to appoint someone who is capable of managing the policy proceeds wisely.

If you do not appoint a Trustee, payment will go to the Public Trustee in the child's province of residence or to a court-appointed property guardian.

How will the policy proceeds be divided if I designate more than one beneficiary?

When you designate your beneficiaries, you may indicate the portion (percentage) of the policy proceeds you would like to give to each of the named parties. If you do not detail a percentage of the benefit for each party, the policy proceeds will be divided equally among all of your named beneficiaries.

What if I have not named a beneficiary?

If you do not name a beneficiary, or your beneficiaries are not living at the time of your death, the proceeds will be paid to your estate.

Is it easier to leave the policy proceeds to my estate and have it dealt with in my will?

No, settling an estate can take from weeks to sometimes years, and it can be very costly. During the time it takes to settle your estate, the money within your estate is inaccessible. Designating a beneficiary is like taking a shortcut. Upon your death, the insurance carrier will pay the policy proceeds from your 3sHealth Group Life Insurance benefit directly to your named beneficiaries. It is a quick way of getting the money to your loved ones.

In addition, if you leave the policy proceeds from your 3sHealth Group Life Insurance benefits to a beneficiary, the money becomes his/her property and is safe from creditors, in case you should die while owing money. If the policy proceeds are left to your estate, the money could be made available to your creditors.

How do I name my beneficiary or change my beneficiary?

When you become eligible for the 3sHealth Group Life Insurance Plan, you must complete an Enrolment Information Form which includes a section to designate your beneficiaries for you Group Life Insurance. To change your beneficiary, contact 3sHealth Employee Benefits for the appropriate form. Once complete, return the forms to 3sHealth Employee Benefits.

Do I have to tell my beneficiaries I have named them?

No, your beneficiaries do not have to know that they have been named. But, after your death, 3sHealth must be able to find your beneficiaries in order to make the benefit payment. In order to avoid complications or unnecessary delays you should keep up-to-date address information for your beneficiaries in your personal files.

What if I belong to the 3sHealth Group Life Insurance Plan with more than one participating member of the organization?

Each time you make a new beneficiary designation, it will replace all other beneficiary designations that you have made before, even if your beneficiary designation was made with another employer. Your new beneficiary designation must be a full and complete designation that clearly states how you wish the policy proceeds to be disbursed in the event of your death.

How can I find out who my beneficiary is?

Upon your request, 3sHealth Employee Benefits can confirm your beneficiary designation. Additionally, once per year we will send you your Member's Annual Statement which will list your current beneficiaries.