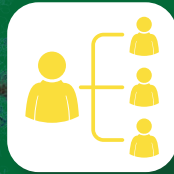


Who do I contact when?



My Employer

- Leave of absence
- Other employment and HR inquiries



3sHealth Employee Benefits

- General plan inquiries
- Life claims
- Disability applications
- Dependent changes to plan
- Retirement (health and dental, group life)



We are here to help at ebp@3sHealth.ca or 1.866.278.2301. Add it to your phone!



Canada Life

Canada Life's MyCanadaLifeAtWork.com for online claims

- Submit or check status of health or dental claim
- Claims estimates
- Coverage inquiries



Your dedicated line to Canada Life is 1.866.408.0213. Add it to your phone!



3sHealth
better together